

Symptom Checklist: Lyme disease

Symptom identification and assessment are crucial components of a Lyme disease evaluation. Please circle any of the symptoms listed here that you have experienced since becoming ill. Some of your symptoms may not be listed; if this is the case, note them on the back of this sheet. Thank you

General

Fever
Night sweats
Fatigue, lack of endurance
Unexplained weight gain/loss
Generalized, unprovoked pain
Migratory pain

Head, Face, Neck

Headache, mild or severe
Facial flushing
Pressure in head
Jaw pain or stiffness
Unexplained hair loss
Dental problems/pain (unexplained)
Twitching of facial muscles
Stiff or painful neck
Facial paralysis (Bell's Palsy)
Sore throat, hoarseness
Tingling of nose, tongue, cheek

Eyes/Vision and Ears/Hearing

Double or blurry vision
Difficulty with night vision
Increased floating spots
Pain in eyes, or swelling around eyes
Oversensitivity to light
Flashing lights/Peripheral waves/phantom images
Change in color vision
Decreased hearing in one or both ears
Buzzing or ringing in one or both ears
Pain in ears, oversensitivity to sounds
Auditory hallucinations

Gastrointestinal and Genitourinary Systems

Upset stomach (nausea/pain)/ heartburn
Recurrent vomiting
Diarrhea/constipation
History of irritable bowel disease
Irritable bladder or interstitial cystitis
Testicular or pelvic pain
Decreased libido
Unexplained menstrual irregularity
Unexplained milk production

Musculoskeletal System

Bone pain, joint pain or swelling
Carpal tunnel syndrome
Stiffness of joints, back, neck
Frequent tendonitis, tennis elbow
Muscle pain or cramps, muscle spasms
Sore soles

Respiratory and Circulatory Systems

Shortness of breath, cough
Swelling of feet
Trouble breathing when laying down or need to prop self up with pillows
Chest pain or rib soreness
Peripheral vascular abnormalities
Rhythm disturbances- extra beats, slow heart rate, palpitations

Nervous System

Burning, stabbing, aching or shock sensations
Lightheadedness, fainting
Numbness, tingling, pinpricks
Increased motion sickness
Problems with peripheral nerves
Abnormalities of vision, hearing, smell, taste or touch
Muscle weakness
Muscle atrophy or partial paralysis
Muscle twitching
Speech difficulty (slurred or slow)
Poor balance
Dizziness
Difficulty walking, gait problems
Tremors
Seizures
Sleep problems - excessive sleep, insomnia, sleep apnea, narcolepsy, unusual sleep behaviors

Cognitive

Memory loss (short or long term)
Confusion, difficulty in thinking
Difficulty with concentration or reading
Stammering speech
Word searching, misspeaking
Disorientation (getting or feeling lost)
Going to the wrong place
Forgetting how to do simple tasks (examples: shoe tying open locks, operate home appliances)
History of dementia

Neuropsychiatric

Mood swings, irritability
Feeling as if you are losing your mind
Over-emotional reactions, crying easily
Depression
Bi-polar disorder
Panic attacks, anxiety
Obsessive-compulsive disorder
Psychosis

Symptom References

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